Ham and Cheese Pinwheels

You will need:
- 1 flour tortilla
- 2 Tbsp cream cheese (try various flavors!)
- 3 slices of cooked ham
- 1/4 c. baby spinach leaves
- 1/3 c. shredded cheese

- First, rinse the spinach and remove the stems. Pat the spinach dry with a paper towel and set aside.
- Lay the tortilla flat and spread cream cheese in a thin layer over the entire side facing up.
- Next, layer ham, shredded cheese, and spinach onto the tortilla and cream cheese.
- Starting on one side of the tortilla, roll tightly.
- Cut a small section off of each end and discard.
- Lastly, cut the roll into 1 in. sections.
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Can you see the pinwheel? Look at the various colors and textures.

Can you think of other ingredients that will make an even better snack?

What if we had used a tomato flour tortilla and added diced cucumbers?

This is a fun recipe with endless possibilities. Be creative!